

## Coaching Call Client Prep Form

***Get the most out of your Coaching Call by preparing for it.***

What I have accomplished since our last call:

What I am learning:

The challenges I am facing now:

The opportunities which are available to me now:

I want to use the coach during the call to:

Anything else?

***Please fax or email 12-24 hours prior to our coaching session.***

***Fax: 501-664-3966***

***Email: [drdeems@drdondeems.com](mailto:drdeems@drdondeems.com)***

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